GAGGENAU



Ingredients

Puddings

375g mixed dried fruit 150g prunes, chopped 150g pitted dates, chopped 75g glace ginger, chopped 125ml Grand Marnier 75ml brandy Zest of 1 orange 125g unsalted butter 200g brown sugar 3 eggs 3 cups fresh breadcrumbs ½ cup plain flour ¼ tsp bicarbonate of soda 125ml milk

Grand Marnier custard

400ml cream 100ml milk 6 egg yolks 50g caster sugar 2 tbsp cornflour Zest of 1 orange 1 tsp vanilla 75ml Grand Marnier

Optional

Edible gold leaf

Grand Marnier Christmas puddings

Gaggenau Appliance: Preparation Time: 20 minutes, overnight marinating Cooking Time: 1¹/₂ hours Serves: 8

Method

Preparation:

Pudding

- 1. Combine the mixed fruit, dates, ginger, Grand Marnier, brandy and orange zest in a large bowl. Mix well, cover and leave overnight.
- 2. In a separate bowl, cream together the butter and sugar until light and fluffy.
- 3. Add the eggs, one at a time. Add the fruit mixture, breadcrumbs, flour, bicarbonate of soda and milk. Mix well.
- 4. Grease 8 individual pudding moulds and line the base with a small circle of baking paper. Cut 8 circles of baking paper the diameter of the top of the pudding moulds.
- 5. Spoon pudding mixture into the moulds and smooth the top of the mixture.
- 6. Cover moulds with lids or loosely cover with pieces of pleated aluminium foil.
- Put puddings on the large perforated stainless steel tray and place in the combi-steam oven on shelf level 1. Turn oven to Hot air 100°C + 100% Humidity and cook pudding for 1½ hours.

Custard

- 1. Place the cream and milk in a saucepan and heat over medium heat.
- 2. In a bowl, whisk together the egg yolks, sugar, cornflour and orange zest.
- 3. Pour the warm cream mixture into the eggs and whisk well to combine.
- 4. Return mixture to the saucepan and stir with a wooden spoon over low to moderate heat until the custard thickens, 10 to 15 minutes.
- 5. Remove from heat, stir in vanilla and Grand Marnier, strain custard and pour into serving jug. Let stand for 10 minutes, covered.

To finish

- 1. Remove puddings from the moulds and serve upside down on serving plate.
- 2. Pour over custard and serve extra custard on the side. If using, carefully place pieces of gold leaf on top of the puddings. Pour custard to the side and serve.